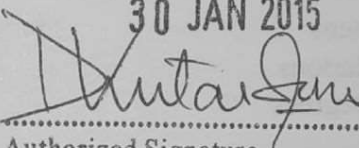


*Kohar*

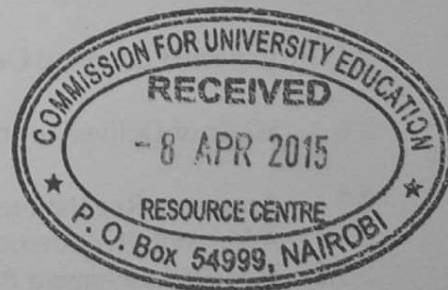
THE CATHOLIC UNIVERSITY OF EASTERN AFRICA  
P. O. BOX 62157 - 00200  
NAIROBI-KENYA  
TELEPHONE 891601-6  
FAX 254-2-891261  
Email: academics@cuea.edu

PROPOSED DOCTOR OF PHILOSOPHY IN COUNSELING PSYCHOLOGY  
PROGRAMME

This Degree Programme Was  
approved by the Commission for  
University Education on:  
30 JAN 2015  
  
Authorized Signature

SUBMITTED TO THE COMMISSION FOR UNIVERSITY EDUCATION,  
NAIROBI

SEPTEMBER, 2014



## **2.0 THE CURRICULUM**

### **2.1 Title of the Proposed Programme**

The title of the proposed programme is Doctor of Philosophy in Counseling Psychology.

### **2.2 Philosophy of the Programme**

Our philosophy is consistent with many of the historical traditions in the field of counseling psychology, including:

1. The optimal development and functioning of individuals, groups, and other systems (e.g., institutions, communities);
2. An appreciation of the strengths and uniqueness of individuals;
3. A belief in the unbounded potential of human beings; and
4. A respect for the integrity of all people. Our training philosophy strongly encourages students to adopt approaches to client treatment that consider the various contexts in which clients develop and operate. The Programme also stresses the critical roles of self-exploration and personal reflection as components of professional development.

The Counseling Psychology Programme is also firmly committed to issues pertaining to multicultural diversity, and seeks faculty members, staff, and students who reflect such diversity, including, but not limited to, race, ethnicity, gender, age, socioeconomic status, religious/spiritual orientation, disability status, and national origin.

### **2.3 Rationale of the Programme**

There is dire need for professional counselors to address prevailing mental health needs in all African countries. These mental health needs, driven by the impact of numerous social problems such as diseases, poverty, crime, violence, unemployment, suicide among young people, teenage pregnancy, etc. underscore the need for well-trained counselors and associated mental health services.

#### **2.3.1 Needs Assessment /Market Survey /Situational Analysis**

Doctor of Philosophy in Counseling Psychology degree programme is geared towards equipping students with counseling skills to meet the challenges in the market and in academia. It stresses the training of professional counseling psychologists, researchers and academicians. This was guided by a number of surveys and situational analysis conducted by the Department over the past two years among the students at CUEA, particularly those in the counseling department. These surveys showed that the programme is required by the customers particularly students, their sponsors and the employers particularly the universities that are in need of scholars with PhDs in Counseling Psychology.

#### **2.3.2 Justification of the Programme**

The Doctor of Philosophy in Counselling Psychology degree programme seeks to fill the huge gap that exists in field of psychology. There is an acute need for trained psychologists to teach in universities and to counsel people in view of increased pressures that are facing people and at work places and in families. There are increased cases of drug abuse amongst young people and added pressures due to unemployment and

terminal illnesses and cases of suicides have made it necessary to have enough psychologists to provide services to an expanded array of clients.

#### **2.4 Goals of the Programme**

The main goals of the counseling psychology programme are to:

Provide a broad based curriculum that gives a holistic grasp of the subject and practice of counseling psychology in address with different problems, in different contexts;

Promote use of empirical research in finding solutions to challenges that confront professionals and clients in the field of counseling psychology;

To train professionals who can impart counseling knowledge and skills in the training of counselors.

#### **2.5 Expected Learning Outcomes of the Programme**

On completion of the programme , graduates will be able to:

- (i) Carry out research in counseling psychology and prevention science, and analyze and interpret data and disseminate research findings;
- (ii) Assess, diagnose and treat various mental health concerns such as anxiety, stress, dysfunctional family and social relationships, child and adolescent problems etc. using professional knowledge and skills;
- (iii) Apply the knowledge base of psychology, prevention science, and counseling psychology, as well as the relevant skills in the supervision, treatment and consultation with diverse clients, in diverse situational contexts;
- (iv) Carry out clinical and professional practice in a manner that reflects social justice values;
- (v) Be ethical and apply legal guidelines and standards in all aspects of their professional work;
- (vi) Be agents of transformation in the society though promoting psychological wellbeing and creating the necessary awareness that enhances mental health.

#### **2.6 Mode of Delivery of the Programme**

Face to face and distance learning which will use the internet and other wireless communication devices such as audio conferencing, video cassettes, DVD's and CD-ROMs.

#### **2.7 Academic Regulations for the Programme**

##### **2.7.1 Admission Requirements**

- (a) The common regulations for the Doctoral Degree in the University shall apply;
- (b) Be a holder of a Master's degree in the field of Counseling Psychology from CUEA or its equivalent in related areas of study from a recognized university;
- (c) Be a holder of an upper second class master's degree, or a lower second with two years of experience in the field after graduation.
- (d) Be a holder of any other qualification accepted by the Senate of the University as equivalent to any of the above.

Candidates from non-English speaking countries shall pass a special entrance examination set by CUEA and demonstrate proficiency in written and spoken English or have obtained a TOEFL score of 550 (paper-based test) or 213 (computer-based test) or a minimum score of 7.0 on the international English Language Test System or their equivalent.

### **2.7.2 Student Assessment Policy**

#### **Course work, examination and Dissertation**

- a. The course requires that students attend all lectures, tutorials and complete all the assignments. A course has 15 weeks of teaching plus one week of examination. This translates to 48 lecture hours in each registered course (15 weeks x 3 hours), plus 3 hours for examination.
- b. Continuous Assessment: Continuous assessment is done throughout the semester and constitutes 40% of the total mark.
- c. Semester Examinations: Each student is required to take end of semester examinations. This constitutes 60% of the total mark for each course.
- d. Practicals are part of continuous assessment and/or end of semester examinations.
- e. Dissertation: Each student is required to conduct research and write a dissertation. The dissertation is written under the guidance of two supervisors, is assessed by two internal examiners and an external examiner. This constitutes 30% of the final grade.
- f. Comprehensive Examinations: Comprehensive Examinations, both oral and written, are done by each student. Comprehensive Examinations constitute 10% of the final grade.