DAYSTAR UNIVERSITY

Curriculum for the Degree of

Doctor of Philosophy (Ph.D.) in Clinical Psychology

To be offered under the

School of Human and Social Sciences

SUBMITTED TO THE
COMMISSION FOR HIGHER EDUCATION
REPUBLIC OF KENYA

October 2012

This Degree Programme Was approved by the Commission for Higher Education on:

14 DEC 2012

.....
Authorized Signature

2.0 THE CURRIULUM

2.1. Title of the Proposed Program

Doctor of Philosophy in Clinical Psychology (PhD)

2.2. Philosophy of the Program

In line with the mission and vision of Daystar University, the Doctor of Philosophy (Ph.D.) in Clinical Psychology program will prepare graduates to work at clinical settings, research-intensive institutions, church and para-church organizations, educational institutions, governmental and non governmental organizations, and diverse positions in industry. In addition the graduates should be able to effectively articulate and integrate clinical skills, scholarship and Christian faith within the discipline of psychology, and promote research for the extension of God's kingdom in a pluralistic world, especially in the African continent.

In view of epistemology and ontology within an African context, the program will endeavour to take a holistic approach to the discipline of psychology. It will also aim to nurture, mentor, model and equip students for ongoing personal growth, contextual issues within the African continent, innovatiness and transformation.

2.3. Rationale of the Program

2.3.1 *Situational Analysis.* The advent of modernism, post modernism and rapidly changing emerging technologies, both local and global, are impacting culture and the church, altering the way that Africans think and resolve issues in a myriad of ways. Mental and community health in Africa, and the rest of the world have been undergoing dynamic changes and for most part in none reversible ways.

While Daystar University will continue to provide academic leadership to Africa so as to address through research, education and consultation, economic, social, political, post-colonial, and spiritual challenges of African societies and those issues unique to the church of Christ, the Ph.D. in Clinical Psychology seeks to provide further education for aspiring servant leaders desiring to integrate their faith/learning with psychological research and intervention skills, innovative capabilities and knowledge of psychology within an African context. In addition, the Ph.D. program is *a unique hands-on, more practitioner and research oriented model that covers clinical, psychological assessment tests and research in depth.*

The program is designed for consumers of research, to attract students interested in acquisition of psychological knowledge, psychological assessment and clinical practice.

The Ph.D. program seeks to equip graduates to function integratively and competently intellectually, ethically, socially, spiritually, therapeutically and empirically.

2.3.2 Justification of the need for the program

The Ph.D. program is a research oriented model.

Is there a need for this Program?

Yes, there is an urgent need for a PhD in Clinical Psychology program for the following reasons:

a. The days of consultation of community counselors and workers within the African cultural setting appear to be diminishing at unredeemable speed.

b. The social fabric in Kenya and the African Continent has gone through a metamorphosis. In Kenya specifically, from the prison doors to the Cathedral gates and from the humblest family setting to the golden gates of the very rich, the need for psychological and social services is indispensable.

c. a. and b. above validate the reason for the burgeoning of the existing and upcoming master level clinical and counseling psychology programs in several local Universities and goes further to explain the need for development of this doctoral program in clinical psychology.

d. There is an urgent need to provide a doctoral program to equip with research master level faculty currently engaged in giving instruction and supervising thesis to master level students, due to scarcity and unavailability of trained doctoral level psychologists, in some of our local Universities.

e. Finally, many graduates of master level programs, including our own graduates, have come to our Institution, Daystar University, seeking for doctoral programs in the area of psychology.

This program is designed to meet the above and numerous other undisputable needs.

2.4. Goal of the Program

The overall goal of the program is:

The primary goal of this program is to instil within the framework of African values and principles such qualities as critical and innovative thinking skills; commitment to authenticity of ideas, adherence to high standards of psychological professional standards and ethics, an awareness of self and the larger context in which graduates live and the opportunity to promote competence and professionalism in academic, corporate, church, clinical, and governmental areas. In addition, the Doctor of Philosophy in Clinical Psychology will empower graduates to reach out to the maladjusted in the society, modelling moral principles through theory and practice, integrating psychology and faith, and showing the interface between psychology and the African culture. The program also aims at training clinical-researchers who will not only provide holistic therapeutic ministry to the people within **the troubled Continent of Africa and beyond**, but will also promote quality teaching and academic scholarship in institutions of higher learning through research, consultancy and high calibre professionalism.

Clientele. This program is designed for anyone, individually or corporately, interested in the development of their psychological professional skills, engaging in various dimensions of psychological studies, teaching and research, working in corporate world, and dealing with mental health issues. The types of students admitted in the programs include persons involved in:

a) Governmental, non-governmental, and corporate organisations;
b) Clinical practice and supervision;
c) Church, Christian ministries, non-profit making local and international service providers, Para- Church organizations and development agencies;
d) Academic research, teaching and scholarship in various settings: Diploma programs, undergraduate or postgraduate levels in colleges and universities.

Where the graduates render their services

The graduates of this program will work in:

a) government institutions;
b) para – church organizations;
c) non-governmental organizations);
d) research centres;
e) institutions of higher learning;
f) counseling centres;
g) churches.

2.5. Expected Learning Outcomes of the Ph.D. in Clinical Psychology

By the end of the Ph.D. program, graduates should be able to:

1. Exhibit ability to consume research, conduct qualitative and quantitative research in the field of psychology.
2. Apply professional ethical principles in advocating for individual and social Transformation.
3. Manage and operate in academic and medical institutions, and organizations utilizing psychology principles.
4. Administer, score and interpret psychological tests.
5. Display skills for psychological assessment and diagnostic approach towards clinical work and interventions.
6. Show competence in diagnostic impressions of maladaptive and pathological behaviour.
7. Integrate spirituality appropriately in clinical work and interventions.
8. Write and publish in refereed journals;
9. Direct clinical settings and practices

2.6. Mode of Delivery of the Program

The program will be offered on the Daystar University Valley Road campus, in Nairobi. Two approaches will be used to deliver the program: full-time and part-time. The full time approach will comprise eight semesters equivalent of four academic years as per the official University calendar. The part-time mode will comprise over eight semesters with the time limit of eight years of being in the program as set by the University. The two